

## Mistress and Maid.

By Mrs. J. H. Pettit.

HOW many women's clubs are giving their best energies to the training of maid and mistress that the home life may be the ideal life? Let us preserve the home at all hazards and turn our eyes to those who advocate eating clubs, under the name of co-operative housekeeping, or a procession of cooks, waitresses, nursery maids and chambermaids hired by the hour. As far as possible let us keep the family intact, under one roof, living on much and milk if necessary, but holding together through every crisis. There is a spirit of unrest everywhere which may bode good for the future, though causing great perplexity in the present.

We must try to teach members of our family, whether male or female, that work done in the kitchen is quite as honorable as and far more necessary than the accomplishments of the drawing-room.

Our nation has made great advances toward larger fellowship, as compared with our more warlike neighbors, and may not American women take the lead in bringing about harmony between employer and employee in the home?

We have a great deal about the brotherhood of man, but the sisterhood of woman is still something of a myth.

Perhaps if domestic science were studied from the kindergarten up through all the grades, as some recommend, there would be in a generation or two a fair supply of efficient housewives and less demand for the raw foreigner. But pupils in domestic science, as it is now taught, give too much attention to nothing on becoming aprons and practicing on dolls and dolls and rabbits. There is too little time devoted to fitting the one who may some day be mistress, by a course of careful training in plain, every-day duties, for her position.

We hold with Florence Kingsley that "the only knowledge worth having is the knowledge of life. Some one has wisely said: 'Train the mistress; a girl ignorant of home-keeping has more right to marry than a man ignorant of bread-earning.'"

Home-making ranks, or should rank, as a profession just as truly as any occupation. If only this thought could be impressed upon the daughters of our land one long step in the right direction would be assured.

A large proportion of our young women are being prepared for everything except domestic life—the life which, statistics show, nearly one-half of them are living.

Household duties fall to the lot of almost every woman at some period of her life, but how many of our city girls can rise to the occasion and help mother when maids desert her, or better still, assume entire management of household affairs? We are acquainted with some—almost all honor to them and their wisdom—but we fear they are exceptions. But the training of our young women in the kitchen, and the relations of mistress and maid, is a matter of mother and daughter. Still the latter situation has direct bearing upon the former. Let the daughters of our land be carefully trained in all that pertains to home-making. Then let these young women of culture and refinement teach their less fortunate sisters the art of cooking and housekeeping in the most practical manner. Never mind about the chemistry of foods. The girl just landed can disagree with that.

## Beauty Hints

By Margaret Hubbard Ayer

For Hiccoughs.

Dear Miss Ayer: Is there any relief for constant hiccoughs? Am troubled often for five minutes at a time with these paroxysms. JANE K.

Your physician could best advise you in this matter. You might get relief if it would not harm—by inhaling a few drops of nitrate of amyl from your handkerchief.

A Shiny Nose.

Dear Miss Ayer: What can be done with my nose? It shines like a glass bottle, especially after using soap and on coming home from skating. J. C.

Wipe your nose with a soft cloth impregnated with benzoin, after which use the following lotion: Bulphate of zinc, 4 grains; compound tincture of lavender, 15 drops; distilled water, 1 ounce. Rub the nose with this lotion whenever necessary.

White Hands.

Dear Miss Ayer: My hands are both red and chapped. Can you suggest a remedy? KATHIE B.

Red hands are often caused by some stricture in the clothing. This should first be attended to, observing that no tight corsets, no tight collar, no bands about wrists or waists should be allowed. Mix and apply the following: Lanolin, 100 grains; paraffin (liquid), 15 grains; extract of vanilla, 10 drops; oil of roses, 1 drop.

A Good Skin Food.

Dear Miss Ayer: My sister and I see many girls with chapped faces than ours. Can it be that our tissues need building up as I have heard you say? Please give us a good skin food. SADIE and MAUD.

It may be that your skin is impoverished. Try the following, rubbing it well in at night, and washing off in the morning with brush, soap and warm water. Mix the ingredients of the accompanying skin food, which is a Kentucky cold cream: Rose water, 4 ounces; almond oil, 4 ounces; spermaceti, ounce; white wax, 1 ounce; Orange flower, lilac, violet or elder flower water can be substituted for the rose water in pleasure, and the addition of one dram of tincture of benzoin or a half-dram of salicylic acid will insure the cream from becoming rancid.

Another Guess.

That's your solar plexus right there. No, sir; that's my fountain pen!

## Simple Rules for the Care of the Hand.

The Finger Tips Are Just as Important as the Nails.



THE care of the hands need not take more than fifteen minutes a day on an average.

The first thing is to wash the hands well. Use only mild soaps. When the hands and especially the finger-tips are stained—no matter from what cause—a cut lemon, or the remains of lemons that have been squeezed, will usually remove the spot. If this does not do, then use a little pumice stone—the luxuriously minded can find these cut into fancy shapes, termed velvet pumice, and mounted in more or less solid silver mountings convenient to handle. A five-cent piece from the drugstore, however, will be fully as efficacious. The toilet table or washstand should never be left without these two items, the cut lemon and the pumice.

A good nailbrush, not too narrow and not too stiff, will help to keep the hands in good condition, for the friction of the brush will improve the circulation, and in the case of thin or scrawny hands should be used as often as possible; a dry rub with the brush every now and then adds to the good effect.

When the hands are washed, particular attention being paid to the vicinity of the fingernails, rinse them in fresh water or hold them beneath the running water. Then pat, don't rub, them dry with the towel; and after they are entirely dry, then the time for friction comes in. After the hand is dry, rub all you like, this serving to remove any loose particles of dead or defunct skin, and leaving the hand smooth.

If the skin is at all inclined to chap or to be too dry an oil rub will work wonders, and is best applied immediately after washing. The ordinary olive oil that one uses at tables is perhaps best, but sweet oil may be used. A few drops of bergamot or some other penetrating essence will perfume the oil.

Wash the hands with the oil just as you would with soap and water, but rub it in well. See that the nails get their full share, for where the skin is unduly dry the nails are apt to be brittle, cracking and breaking off at the most inconvenient times and places.

Let the oil soak in for a few minutes and then pat again with the towel to remove the excess, and finish by rubbing the hands through some powder. Oatmeal or almond meal is good for this purpose, although the ordinary talcum powder does pretty nearly as well.

Where the water is at all hard a little oatmeal, the whole Irish or Scotch meal, not the steam-cooked oats, may be dropped into the water; and this will prove healing and soothing as well as cleansing. Borax, too, will soften the water, but this sometimes leaves the skin a little dry.

For hands, on the contrary, where the skin is too oily and sheds its oil too freely, borax in the water is almost a necessity. A little vinegar, too, dropped in, not more than a tablespoonful to a good-sized bowl of water, will have good results. A little pure alcohol, too—the grain alcohol, never the wood alcohol, which is a dangerous poison—will keep the skin in elastic condition.

Now for the time when the general going-over comes around. Here a bowl of good pure white soap thrown in it, or else the green soap of the drugstore is used. This latter, being almost semiliquid, melts immediately. A drop or two of spirits of ammonia will help, and there are some French manicures who always put in a little spirit of camphor, but just the logical reason for this they do not make clear.

One of the finest manicures in Paris—man—never enters a lady's toilet without a little of the green soap, as that makes the fingertips spread.

## Home Hints

The Housewife's Cyclopaedia

Devilled Fish.

TAKE cold cooked fish, free it from skin and bones and break it into good-sized flakes. Season one pint with one scant teaspoonful of salt, one-third of a teaspoonful of paprika or several dashes of cayenne; add four hard-boiled eggs cut fine, one tablespoonful of finely chopped parsley and ten drops of onion juice. Brush timbale molds or small cups with butter, fill, lightly with the mixture. Beat well two raw eggs; add one cupful of milk; strain this over the filled molds, sprinkle the top of each with buttered bread crumbs and bake in a moderate oven until set in the centre.

Cheese Souffle.

POUR two cups of hot milk over two cups of soft bread crumbs; add a cup of grated cheese and three beaten eggs; bake as an omelet (this will make two), and when one side is done set in the oven until brown. A much longer time is required in the cooking than for the ordinary omelet. It should puff to a thickness of at least two inches and be of uniform golden brown.

Stuffed Potatoes.

BAKE large, mealy potatoes in their skins until nearly done. Take from the oven and cut a slice off the top, leaving the skin on one side to form a sort of hinge; with a fork pull out the underdone part and fill the hollow thus made with a tiny shaving of smoked bacon peppered and rolled tightly. Close the potato and put back in the oven to finish cooking.

Curried Eggs.

FOR curried eggs cut one apple and one onion in thin rings and fry a golden brown in butter; stir into this a dessert spoonful each of curry powder and flour and dilute with half a pint of water; lay in four hard-boiled eggs, sealed and quartered. Serve in wall of boiled rice.

So Wagnerian.



## The Garden of Eden. By Justus Miles Forman.

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SYNOPSIS OF PRECEDING CHAPTERS.

Princess Elena, a young girl of Novodnia, was thrown from her carriage on the way from the church and her father, Prince Karlo, was killed. She was taken to the hospital and her father's death was announced. She was then taken to the hospital and her father's death was announced. She was then taken to the hospital and her father's death was announced.

CHAPTER X.

News from the Front.

WE took our last dinner together that evening at Volter's. It was not a very cheerful meal, though I think we all did our best to make it so, forced a gaiety that we were far from feeling. I remember that we were far from feeling a gaiety that we were far from feeling.

## Women's Questions And the Answers to Them.

A Note of Thanks.

To the Editor of The Evening World: Please tell me how to write a note of thanks when acknowledging a wedding present. Give wording. MARY BROWN.

Dear Mrs. Jones: Please accept my warmest thanks for the charming gift that has just arrived. I cannot tell you how pleased I am at the kind remembrance. Many thanks for your good wishes for my future; that will I am sure, prove as happy as I could desire. Again, with sincere thanks, believe me to be yours.

Mourning.

To the Editor of The Evening World: Kindly inform me the correct periods of mourning.

A widow wears black, trimmed with crepe, during the first year. The second year black is worn for nine months, and half mourning the last three months. A daughter wears for a father or mother for six months, black for three months and half mourning for three months.

Needlework.

To the Editor of The Evening World: Can I wash needlework in ordinary soap without injuring it? MARGARET SMITH.

Do not wash your needlework with ordinary soap. Make use of pure white soap and when washed iron wet until dry.

## Indoor Games.

Turning the Hearts.



THIS is another game in which marbles are used to good advantage. But we have long agreed that they form a substantial foundation for many branches of popular amusement.

Six cardboard hearts must be made, inches high, after the pattern shown in the accompanying picture. It will be noticed that there is a fan at the top of the heart, through which a pin is inserted. This will allow the heart to turn as it is on its axis.

All of the upper hearts are painted black, with red ink on one side and then pinned to the table, per scheme on the diagram.

Any number may play the game, although four are quite sufficient, two on a side, and ranged opposite each other at the table.

At the start, all of the black sides are turned one way, the white the other. At a given signal from a referee the marbles are rolled at the hearts on both sides at once, it being the aim of the players to turn the hearts in an opposite way from their original position. A counter, officially chosen, must keep record of the changes that occur as the hearts are spun by the marbles, and the side showing the least whites or the least blacks at the end of a given number of minutes wins the game.

Original Games for Children.

## CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of J. C. Watson

AMUSEMENTS.

HAMMERSTON'S Theatre, 43 St. N. W. Matinee Every Day, 2:30 and 8:00.

Matinee Every Day, 2:30 and 8:00.

ICE SKATING.

ST. NICHOLAS RINK, 6th & 7th Ave. N. W. Matinee Every Day, 2:30 and 8:00.

PROCTOR'S "BIG FOUR."

5th St. N. W. Matinee Every Day, 2:30 and 8:00.

CIRCLE.

14th St. N. W. Matinee Every Day, 2:30 and 8:00.

THEATRE.

14th St. N. W. Matinee Every Day, 2:30 and 8:00.

PASTOR'S.

14th St. N. W. Matinee Every Day, 2:30 and 8:00.

Manhattan.

14th St. N. W. Matinee Every Day, 2:30 and 8:00.

METROPOLIS.

14th St. N. W. Matinee Every Day, 2:30 and 8:00.

AMERICAN.

14th St. N. W. Matinee Every Day, 2:30 and 8:00.

BIJOU.

14th St. N. W. Matinee Every Day, 2:30 and 8:00.

WARFIELD.

14th St. N. W. Matinee Every Day, 2:30 and 8:00.

LEWIS.

14th St. N. W. Matinee Every Day, 2:30 and 8:00.

GRAND PRINCE.

14th St. N. W. Matinee Every Day, 2:30 and 8:00.

WINDSOR.

14th St. N. W. Matinee Every Day, 2:30 and 8:00.

Keitt's.

14th St. N. W. Matinee Every Day, 2:30 and 8:00.

EDEN.

14th St. N. W. Matinee Every Day, 2:30 and 8:00.

## A Dinner Set for Six.

Arranging a Table

SOME many inquiries arise as to the correctness of detail in the serving of more or less formal dinners that the following description of service for six may be found helpful. For a dinner of six covers, as the places are named, let the table be: one plate at each end of the table and two at each side, equidistant, the one from the other. (Cold plates remain upon the table until after the oysters and soup have been served.)

On each plate lay a napkin, the corner of all pointing alike on every plate. At the right, beside each plate, lay as many knives as the courses will require—the spoon for soup outside the knives—the oyster fork, last, across all, its point resting on the plate's edge.

At the left of each plate lay the other forks to be used with or without knives. The small silver should lie in exact line with the table's edge, all handles ends even, about half an inch equidistant, preserved between them. Above the knives, at the right, near the plate, stand the water glass and whatever glasses will be required for wines—the smaller around the larger glasses.

Flowers should occupy the center of the table or a jardiniere of growing ferns. When neither of these can be had, a dish of fruit, tastefully interspersed with shining green leaves, may be substituted. If large salt-cellars are used, place them at the table's corners, their spoons lying across each handle toward the outside of the table.

When the soup is served by the hostess there should be a large napkin laid at her place for the tureen to stand upon. Place the soup-ladle across in front of the tureen, its handle toward the right.

A like precaution—the napkin—should cover the other end of the table, for the carver—the carving knife and fork before the carver, the knife's handle at the right, that of the fork at the left, the blade of the knife and the tines of the fork crossing beside but not touching each other.

Cover the side table with a white cloth and there arrange the dessert service. Buttered toast, served on a silver plate, water should rest upon dessert plates—a little dish between each plate and bowl. A slice of lemon, a few roses geranium or a few English violets floating on the water may be used, but these are not obligatory.

Put a knife at the right on each dessert beforehand.

The coffee pot, should be on the sideboard or side table, a small tray also with the sugar bowl and cream bowl, because all do not drink black coffee.

AMUSEMENTS.

EMPIRE Theatre, 43 St. N. W. Matinee Every Day, 2:30 and 8:00.

SAVOY Theatre, 43 St. N. W. Matinee Every Day, 2:30 and 8:00.

MRS. LEPPINGWELL'S BOOTS.

CRITERION Theatre, 43 St. N. W. Matinee Every Day, 2:30 and 8:00.

GARRICK Theatre, 43 St. N. W. Matinee Every Day, 2:30 and 8:00.

HERALD Theatre, 43 St. N. W. Matinee Every Day, 2:30 and 8:00.

LYCEUM Theatre, 43 St. N. W. Matinee Every Day, 2:30 and 8:00.

DALY'S Theatre, 43 St. N. W. Matinee Every Day, 2:30 and 8:00.

THE DUCHESS OF DANTON.

NEW AMERICAN.

43 St. N. W. Matinee Every Day, 2:30 and 8:00.

HERBERT.

43 St. N. W. Matinee Every Day, 2:30 and 8:00.

IDA THE CONQUEST MONEY MAKERS.

43 St. N. W. Matinee Every Day, 2:30 and 8:00.

THEATRE.

43 St. N. W. Matinee Every Day, 2:30 and 8:00.

PRINCESS.

43 St. N. W. Matinee Every Day, 2:30 and 8:00.

THE DUCHESS OF DANTON.

43 St. N. W. Matinee Every Day, 2:30 and 8:00.

MAJESTIC.

43 St. N. W. Matinee Every Day, 2:30 and 8:00.

WEST END.

43 St. N. W. Matinee Every Day, 2:30 and 8:00.

WALLACE.

43 St. N. W. Matinee Every Day, 2:30 and 8:00.

THE DUCHESS OF DANTON.

43 St. N. W. Matinee Every Day, 2:30 and 8:00.

STARR.

43 St. N. W. Matinee Every Day, 2:30 and 8:00.

THE DUCHESS OF DANTON.

43 St. N. W. Matinee Every Day, 2:30 and 8:00.

THEATRE.

43 St. N. W. Matinee Every Day, 2:30 and 8:00.

THE DUCHESS OF DANTON.

43 St. N. W. Matinee Every Day, 2:30 and 8:00.